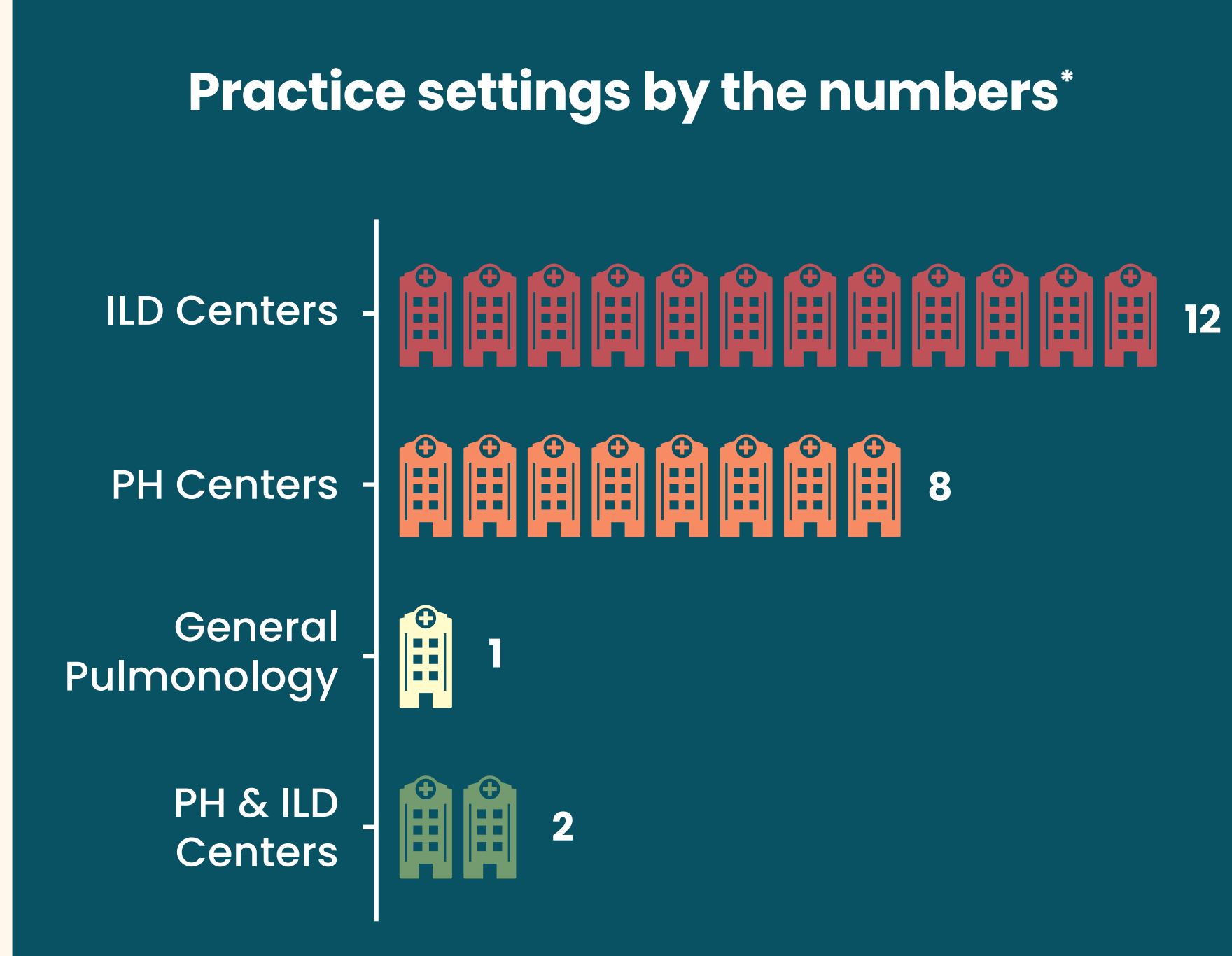
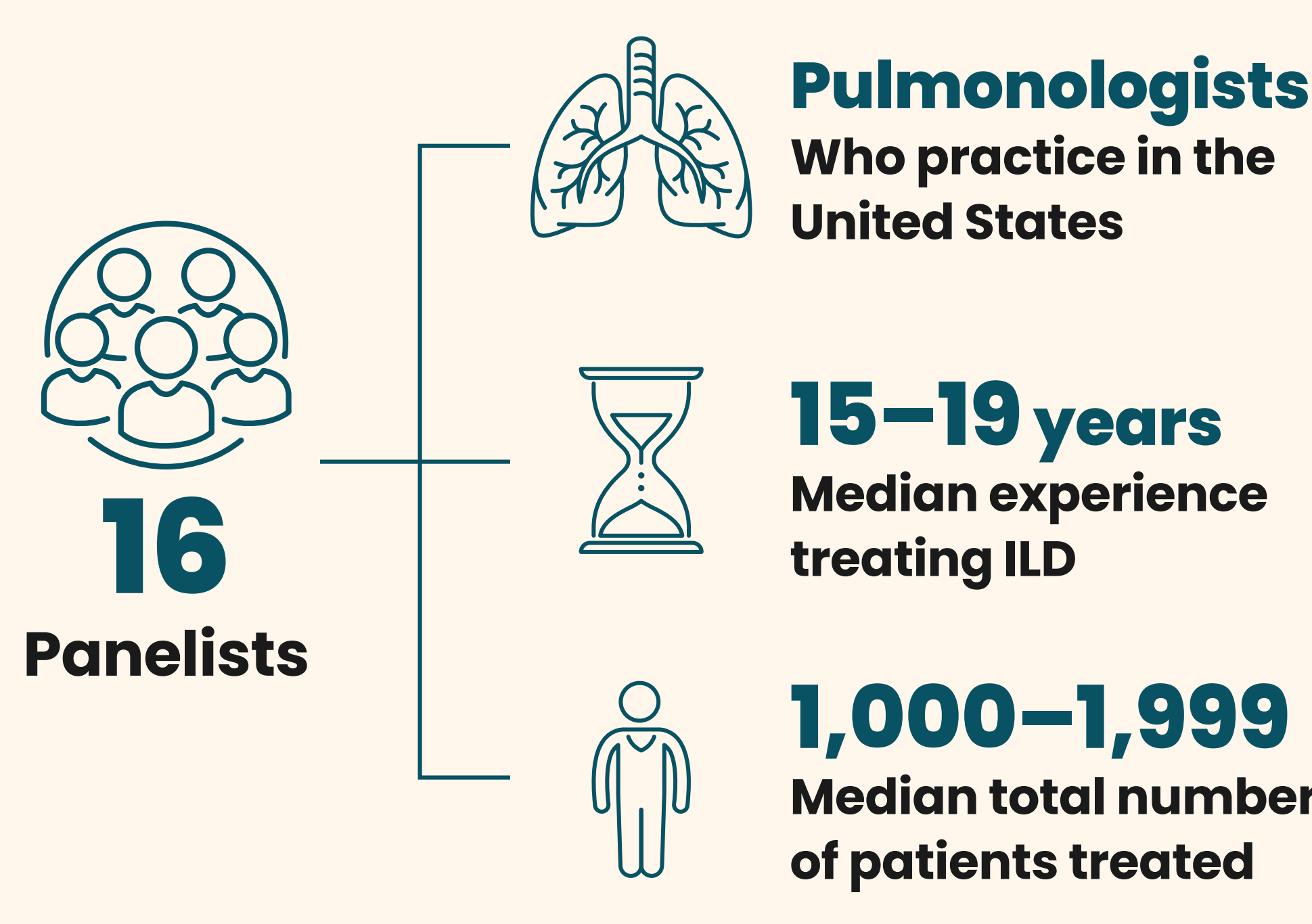


# Screening Strategies for Pulmonary Hypertension in Patients with Interstitial Lung Disease

A Multidisciplinary Delphi Study

## Study Overview

Early PH evaluation can improve ILD patient outcomes, as an approved therapy is now available. A **modified Delphi study** was conducted to determine best practices for PH screening in ILD using expert consensus.



## Method & panel selection

The modified Delphi method is a systematic approach of obtaining consensus opinions from a panel of independent experts. A PH-ILD working group convened by United Therapeutics constituted most of the Delphi panel. The remaining panelists were nominated by working group members, reviewed, and invited based on the number of nominations and diversity to ensure the Delphi panel was composed of experts from varied backgrounds and practices.

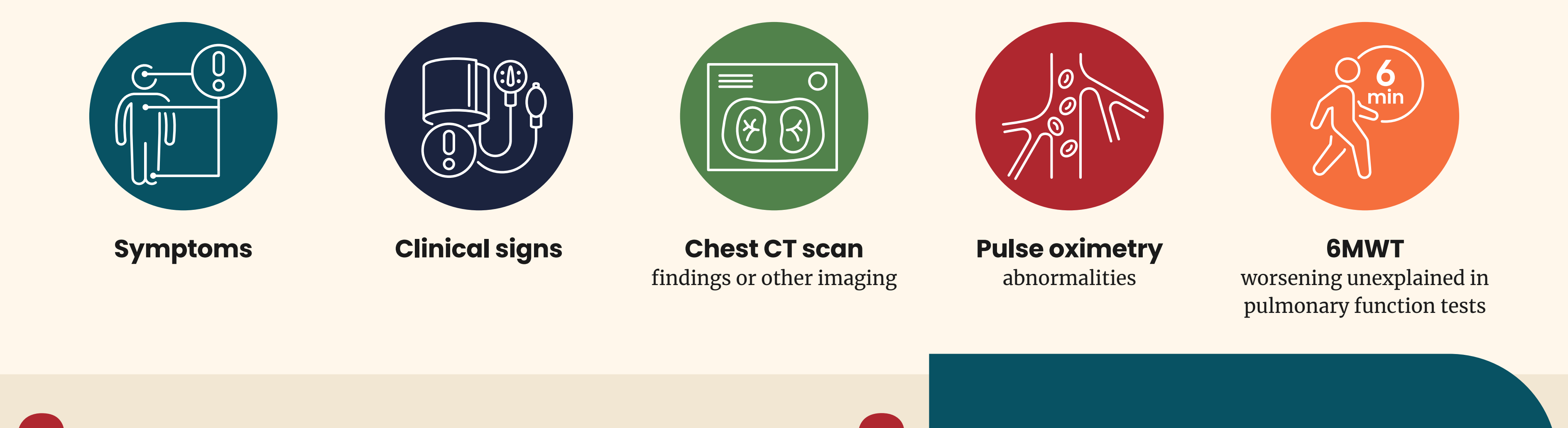
## Delphi Panel of Experts



## Expert Consensus for PH-ILD Screening

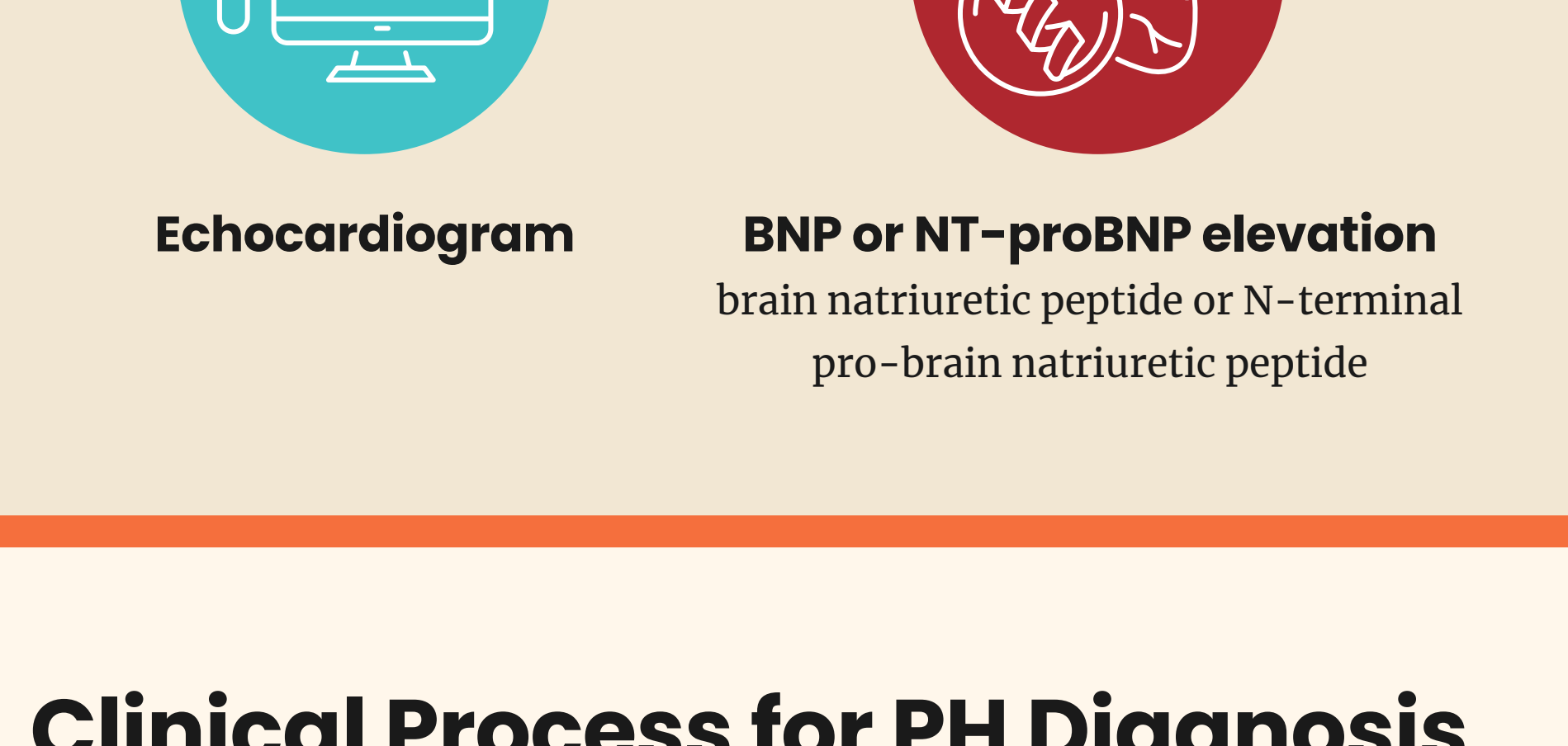
### 1 Triggers for PH Screening in Routine ILD Evaluations

Panelists reached consensus on several triggers raising the suspicion for PH including:

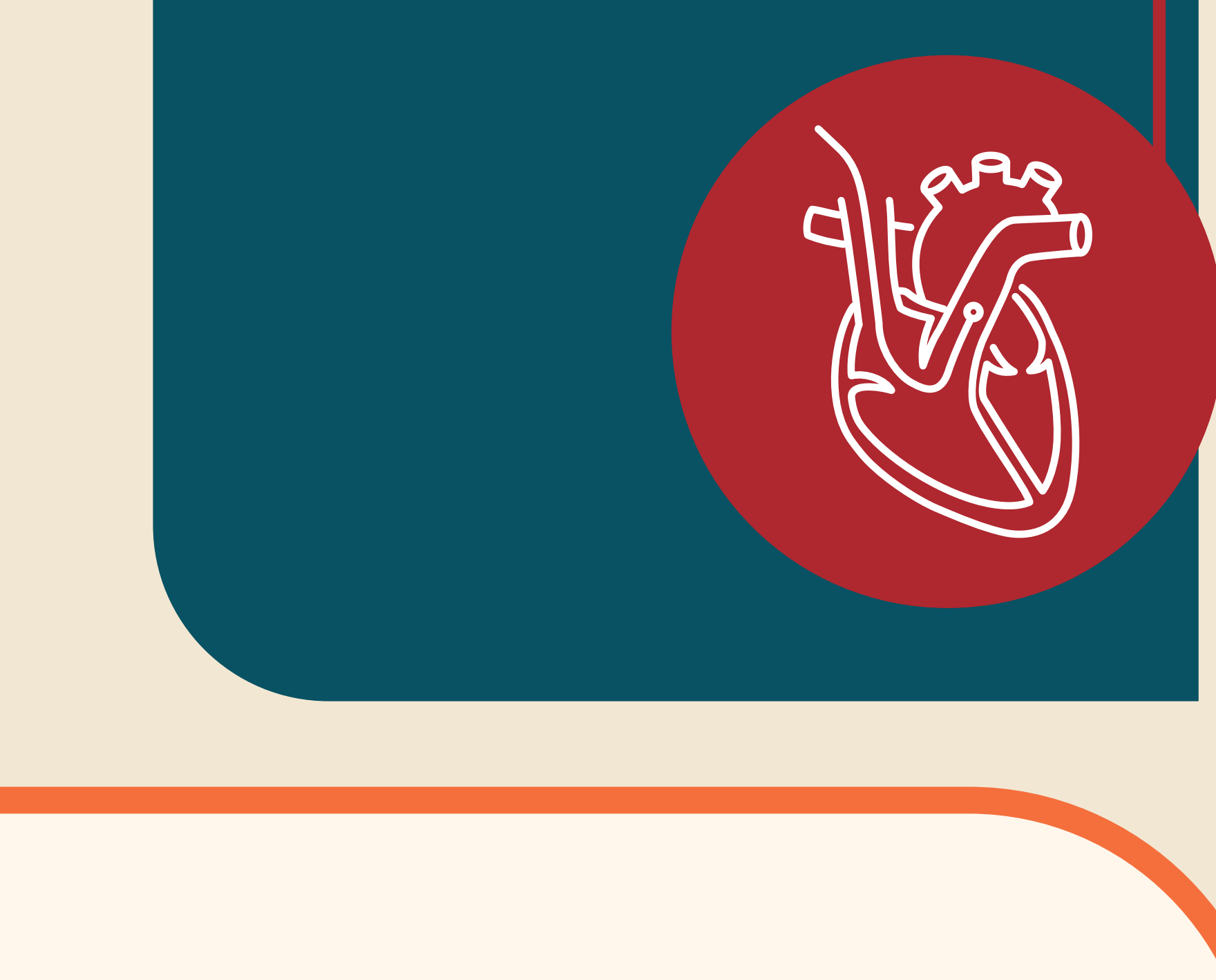


### 2 Initial Set of PH Screening

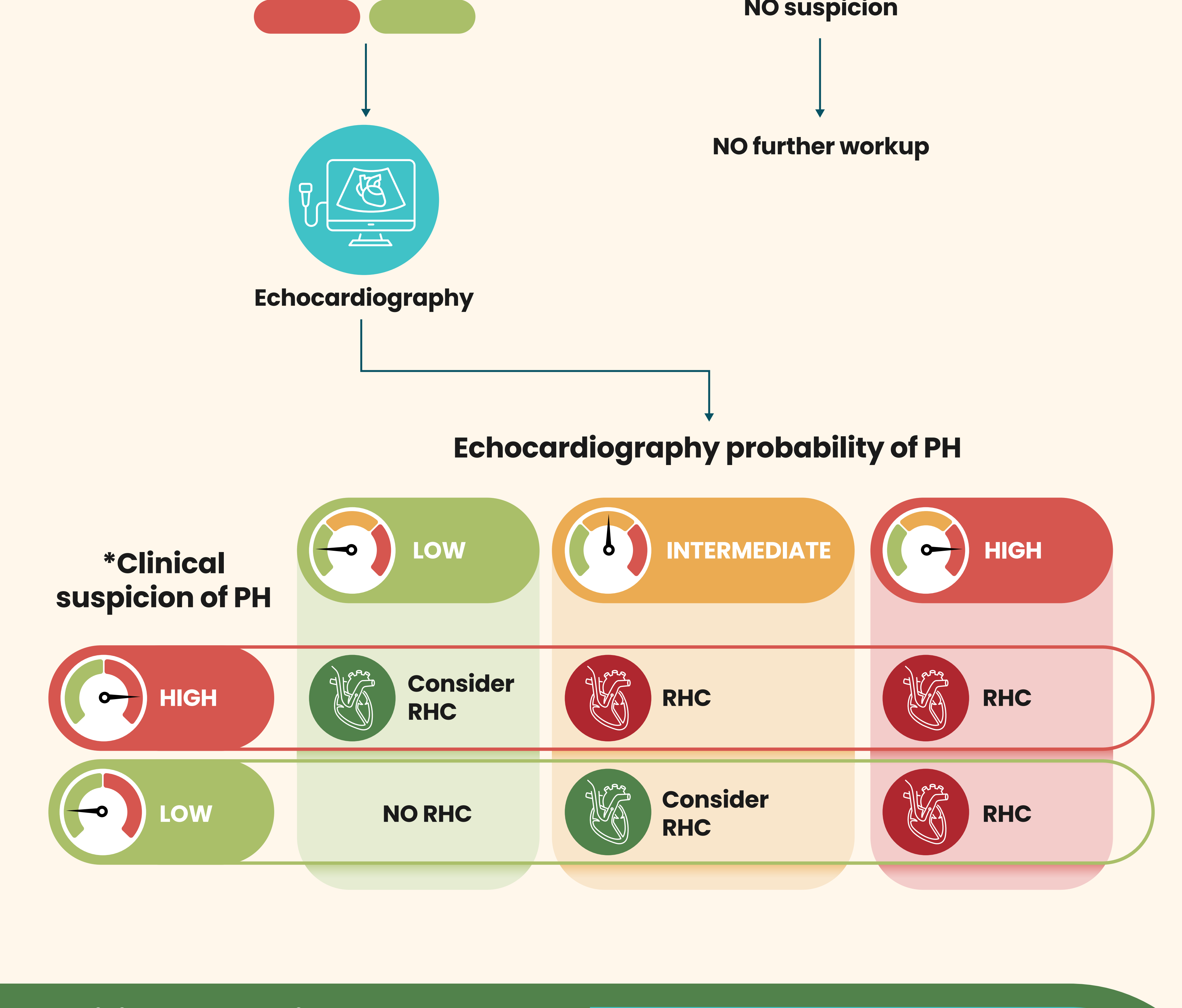
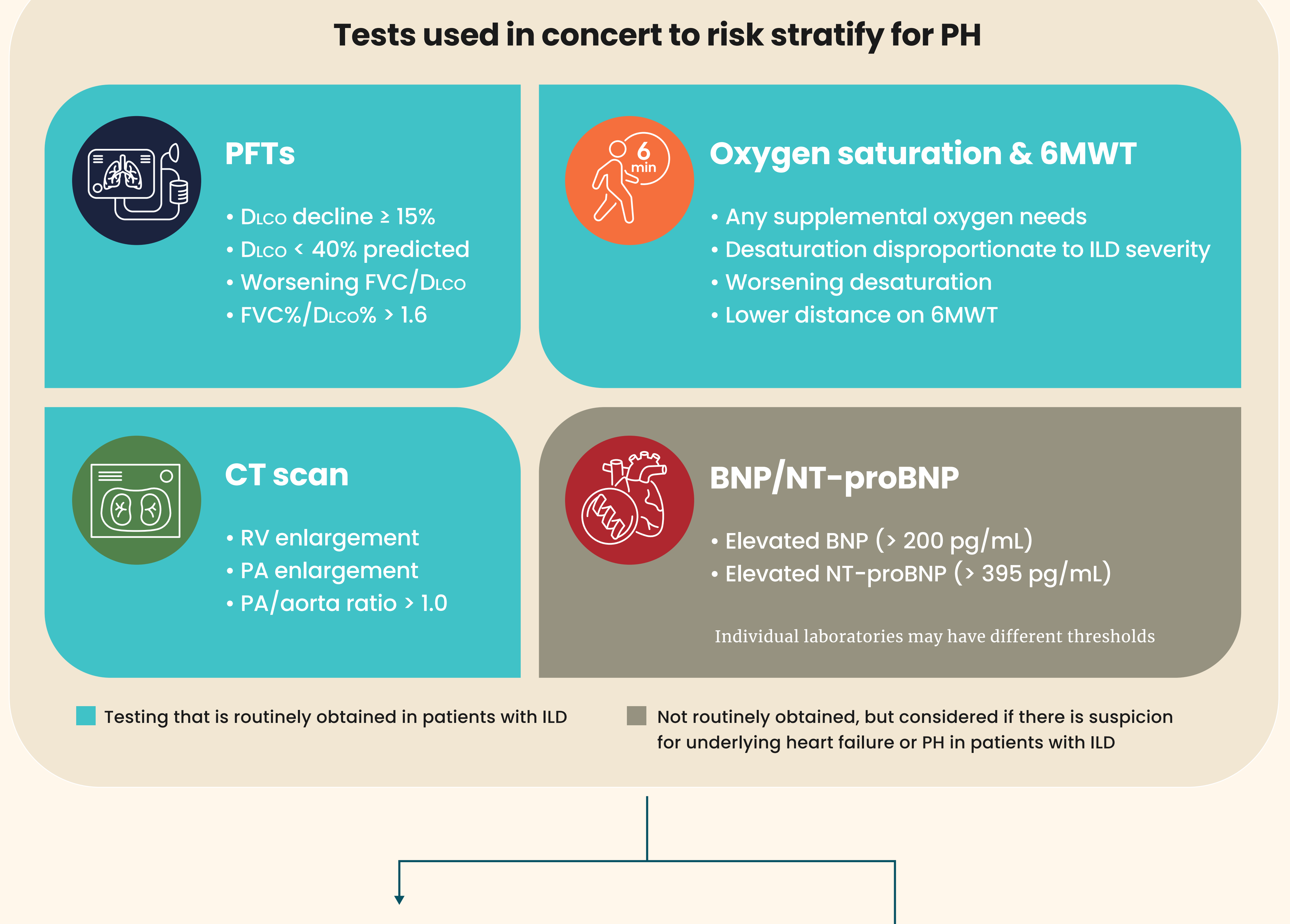
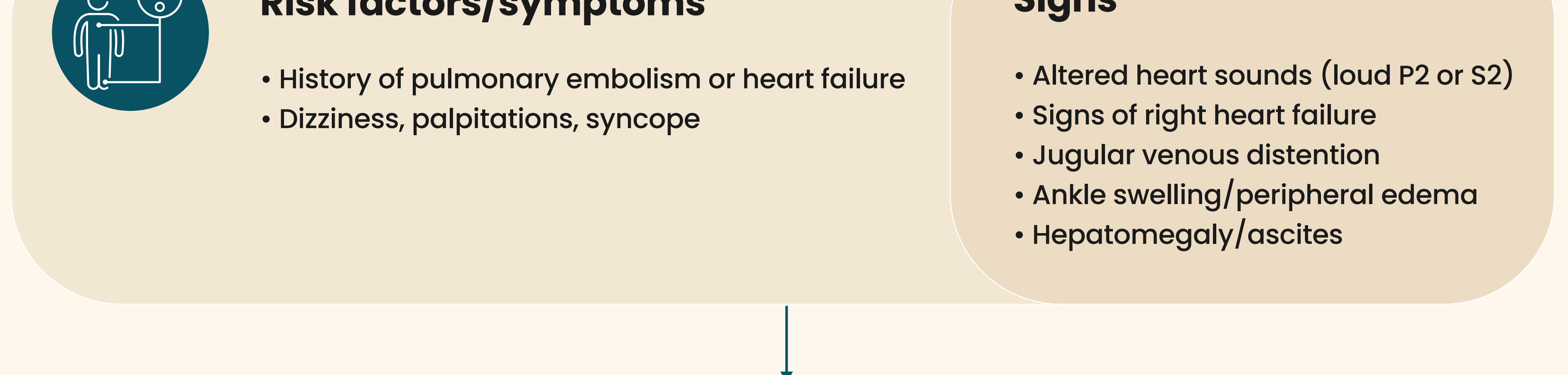
Panelist consensus: When PH is suspected, echocardiogram and BNP or NT-proBNP are useful as subsequent screening tests



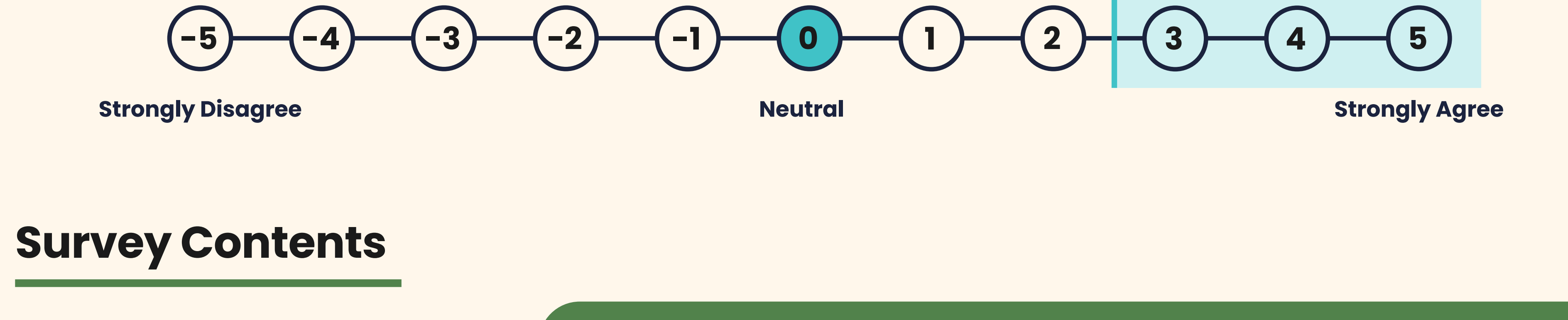
### 3 Confirm a PH Diagnosis



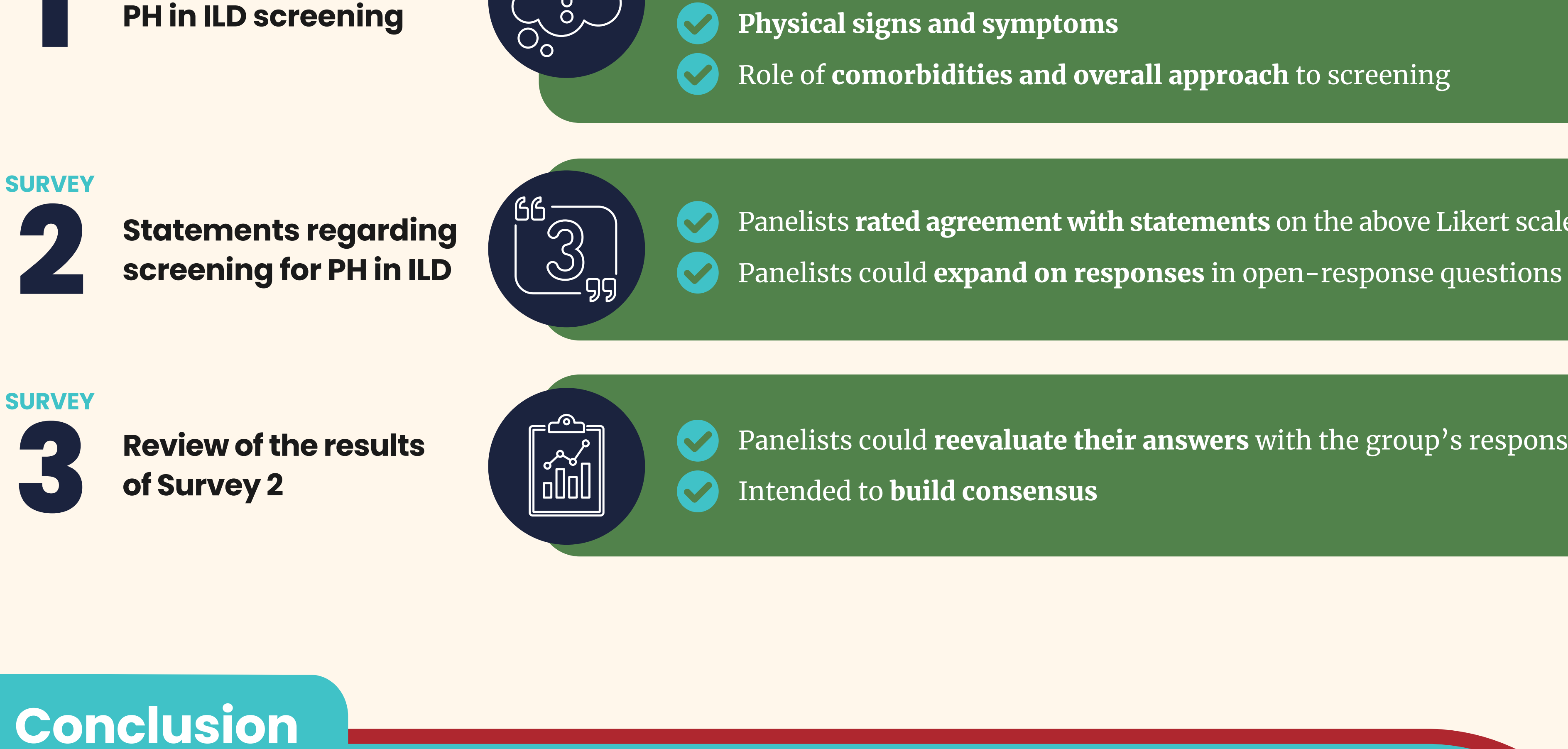
## Clinical Process for PH Diagnosis



## Modified Delphi Methodology



## Survey Contents



## Conclusion

**Routine ILD clinical evaluations can trigger suspicion of PH, needing additional tests including echocardiography, and confirmation through RHC**